



Draft v4

Exploring Umbria and the Amalfi Coast Sept 13-23, 2023

times are approximate and may adjust daily

Day 1 Wed, Sept 13 overnight flight

Depart U.S. for Rome (or arrive into Rome earlier)

Sept 14-18 [Podere Sette Piagge](#)
Orvieto (4 nights)

Day 2 Thurs, Sept 14: tour begins - Orvieto

Mid-morning arrival in Rome, (FCO). Meeting point will be the Airport Hilton (~100 yards down elevated breezeway from baggage claim)

~2:30 driver picks everyone up and transfer to country estate **Podere Sette Piagge** in [Orvieto](#), Umbria (~1 hour)

4:00 get settled, explore their little estate

6:30 welcome reception by the pool

7:30 dinner on the terrace

- Includes: airport transfer, reception, dinner, hotel

Day 3 Fri, Sept 15: Orvieto

breakfast

10:45 transfer to cave entrance

11:00 we'll go on the [Orvieto Underground](#) tour and walk through caves dug by the Etruscans in ~500 B.C.

12:00 explore, shop, have lunch at leisure

3:00 We'll meet Emanuella for an above-ground walking tour of this historic gem where you'll hear stories of the Etruscans, Romans, the medieval period and popes.

7:30 dinner in a cave

- Includes: breakfast, underground tour, walking tour, dinner, hotel

Day 4 Sat, Sept 16: Umbrian countryside
breakfast

11:30 leave for storybook village of [Civita di Bagnoregio](#), the "Dying City" (below)

1:00 gourmet lunch at Alma Civita' in Chef Maurizio's family-run restaurant

3:00 winery tour and tasting – famous Orvieto Classico wine

4:30 return to Orvieto, evening at leisure

- Includes: breakfast, private driver for the day, admission, lunch, wine-tasting, hotel



Day 5 Sun, Sept 17: Orvieto

breakfast

10:00 free time; relax by the pool, go shopping, book a massage, other options

5:00 cooking experience on-site with Francesca and her sister in their outdoor kitchen

8:00 dinner as prepared in class

- Includes: breakfast, private cooking lesson, dinner, hotel

**Sept 18-23 [Locanda Costa Diva](#)
Praiano, Amalfi Coast (5 nights)**

Day 6 Mon, Sept 18: travel to Amalfi Coast
breakfast

7:00 regional train to Rome; high-speed train to Naples

11:30 winery tour, wine-tasting lunch on slopes of Mount Vesuvius

2:00 private guided tour of [Pompeii](#) ruins

4:00 depart for Praiano on the Amalfi Coast

5:30 arrive at Costa Diva, get settled

7:30 dinner in their terrace restaurant

- Includes: breakfast, train tickets, winery tour and tasting lunch, private tour, dinner, hotel

Day 7 Tues, Sept 19: Ravello and the high country

Breakfast, morning at leisure

12:00 depart for [Tramonti](#), winery tour of ancient vines (300 years old), exclusive tasting lunch with Gaetano and his family
3:30 depart for [Ravello](#), the village famous for music and gardens. We'll walk through the expansive gardens at Villa Cimbrone and see the breathtaking Infinity Terrace. Free time for more exploring, shopping, dinner at leisure

8:00 return to B&B

- Includes: breakfast, private driver for the day, villa tickets, winetasting lunch

Day 8 Wed, Sept 20: Capri

breakfast

10:00 depart for our private boat excursion to [Capri](#). We'll tour around the island, stop in Marina Grande for some shopping and free time, then have our captain take us to nice spot for swimming or relaxing on the boat before heading home.

5:00 return to B&B

7:30 dinner near the hotel

- Includes: breakfast, private boat, dinner

Day 9 Thurs, Sept 21: [Praiano](#)

breakfast

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Morning/day at leisure, shopping, exploring; water taxi into Positano or Amalfi, beach time, sea kayaks

5:30 sunset cruise to Positano with Prosecco

8:00 return to Praiano, dinner at the marina

- Includes: breakfast, sunset cruise, dinner



Day 10 Fri, Sept 22 Positano

breakfast

10:00 depart for cooking lesson with sisters, Fortunata and Filomena, at their family restaurant

2:00 lunch as prepared in class

3:30 tour of [ceramic](#) studio

4:30 return to B&B or visit Positano

7:00 farewell dinner

- Includes: breakfast, driver, cooking lesson/lunch, ceramic studio, dinner

Day 11 Sat, Sept 23 Naples: tour concludes

breakfast, check out

~9:00 depart hotel for Naples (Decumani Hotel, train station or airport)

- Includes: breakfast, private transfer to Naples

Price: \$4,300 per person, double occupancy
\$5,590 per person, single occupancy
\$500 deposit due at booking

Tour Inclusions:

- 4 nights, Orvieto
- 5 nights, Praiano
- 2 private guided tours: Orvieto, Pompeii
- Admission to Etruscan Underground Caves, Pompeii Ruins, Villa Cimbrone,

ceramics studio, Civita di Bagnoregio

- Private boat, captain for the day to Capri
- Private sunset cruise with Prosecco
- Private drivers and airport transfer
- High-speed train tickets
- 2 private cooking lessons
- 3 wine tastings
- Breakfast every day
- 4 lunches (with wine)
- 7 dinners (with wine)
- Tips to guides, drivers and restaurant servers

Exclusions:

- Airfare
- Travel insurance
- Transportation outside the stated schedule
- Tips to hotel staff (concierge, housekeeping)
- Additional wine or alcoholic beverages beyond what is provided with each meal

Special note:

Italy is beautiful, rich in history and culture – and fairly unpredictable. Italians are lovely, generous people, but they don't necessarily run the "tight ship" we're used to. I will manage everything I can, and I expect that everything is set. But things do happen after a plan has been made! I encourage flexibility – and being open to the magic of serendipity. You will likely hear this more than once during your trip: "It's all part of the adventure!"

Activity level:

This itinerary has a moderate to high activity level. There is walking each day, hilly terrain and *many* stairs on the Amalfi Coast. I average about 5 miles walking per day. But when you're surrounded by beautiful scenery and rich history, you don't necessarily notice. There are often, but not always, ride options available (taxi, Uber, metro, bus) per your preference, but sites like the Etruscan caves allow only foot traffic.

